

*"The best and most beautiful things in the world cannot be seen or even touched. They must be felt within the **HEART**."* - Helen Keller



Volunteer your time and talents at ABVI-Goodwill

422 South Clinton Avenue • Rochester, NY 14620 • 585-232-1111
www.ABVI-Goodwill.org



Drivers, Vision Services, Personal Readers, Personal Shoppers, Retail, Children's Programs and Special Events

VOLUNTEER OPPORTUNITIES AT ABVI-GOODWILL

Your **HEART** and **HANDS** work together when you Volunteer.

Lend a **KIND HEART** and a **HELPING HAND** to ABVI-Goodwill.





Vision loss is not the end to one's life, but a new beginning full of opportunities. ABVI-Goodwill assists people who are blind or visually impaired to achieve their highest level of independence in all aspects of their lives. When you volunteer at ABVI-Goodwill you make a difference and help us open up opportunities for people who are blind or visually impaired. **The variety of volunteer opportunities at ABVI-Goodwill can fit into any schedule.** Long-term and short-term volunteer assignments offer flexibility to fit into anyone's daily routine.



SPECIAL EVENTS

ABVI-Goodwill hosts many events throughout the year at which we rely on volunteers to help with a variety of tasks. Assistance in selling raffle tickets, guiding guests to their seats, setting up and cleaning up these one-time events is welcomed and appreciated.

DRIVERS

Traveling is more enjoyable when you have a companion, and volunteer driving is one of the most regular needs at ABVI-Goodwill. Getting to a medical appointment or a needed eye exam can be a difficult task for a person who is blind or visually impaired. Your assistance in driving to important medical or vision rehabilitation appointments around the area will help people who are blind or visually impaired stay in good health.

RETAIL

Our Goodwill locations are always in need of volunteers interested in the world of retail sales. Goodwill stores can use help sorting merchandise, greeting shoppers, organizing and pricing items, and helping in specialty departments. There are Goodwill locations throughout the Rochester area which makes it convenient to volunteer.



PERSONAL SHOPPERS

Running to the grocery store for a gallon of milk or fresh fruit is a simple errand for many. However, for people who are blind or visually impaired, grocery shopping is a task with which they require the help of others. As a volunteer shopper you can help a person who is blind or visually impaired either by driving them to the store or simply by taking their grocery list and shopping for them.



CHILDREN'S PROGRAMS

Working with children is a wonderful opportunity to share your talents and gifts. ABVI-Goodwill has many children's programs at various times throughout the year that can use talented and caring volunteers. Art programs and seasonal week-long camps are just a sample of the many programs ABVI-Goodwill offers that need volunteers to be successful and fun!



VISION SERVICES

We have a variety of volunteer opportunities within the many vision rehabilitation programs and services we offer. Whether it's helping our professional staff mark appliances in people's homes, assisting with training programs, helping with social and recreational programs or lending a hand with outreach efforts, we can easily match your interests with our needs.

PERSONAL READERS

Sorting through mail may be a simple task for many, but for someone who is blind or visually impaired this task isn't as easy. Volunteering to visit an individual's home or office and assist with reading the mail is a wonderful way to contribute. This bi-weekly volunteering opportunity allows a person with low vision the opportunity to stay current on their bills, personal mail and important notifications.